The Holy Martyrs
Paramonus and Philumenus

November 29

Apolytikion

Intonation: #10
Fourth Mode
"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee,
received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the
Not if someone utters the words the psalm with his mouth, does that one sing to the Lord; but, all who send up the psalmody from a clean heart, and who are holy, maintaining righteousness toward God, these are able to sing to God, harmoniously guided by the spiritual rhythms.

- St. Basil the Great